SYLLABUS CLASS: MONT I SESSION: 2019-2020

GENERAL INSTRUCTIONS

- 1. Please fill first page of the diary.
- 2. Please check the diary of your ward daily.
- 3. Please send your ward in neat 'n' tidy uniform after giving him/her a bath.
- 4. Avoid using dark coloured under-garments [White is preferred].
- 5. Make your ward sleep in time so that he/she feels fresh in the morning.
- 6. Make sure that one extra changeover is in the bag.
- 7. Those having a hair-cut should have a proper hair cut [Crew cut].
- 8. Please send the food according to Food Schedule. Maggi/ Noodles/ Junk food/ Non-veg. are strictly not allowed.
- 9. Nails should be regularly trimmed.
- 10. Child should carry handkerchief daily.
- 11. Label your ward's school bag, lunch box, water bottle, belt, shoes, tie etc. with a permanent marker.



- Learning Objectives:
 To enable the child to understand and converse in simple English.
 - To enhance the vocabulary of the child.
 - To enable the child to recognize vowels and consonants.
 To imbibe correct pronounciation.

Months	English	Concept development lessons(orally through short sentences)
Term I (April - Aug)	 Listening and speaking opportunities: Music and movement, stories, catchy phrases, show and tell, recalling and retelling, asking questions and answers. Reading readiness. Alphabet knowledge: Identifying and namin both uppercase and lower case letters Aa - Jj. Phonemic awareness: Sound letter relation. Writing readiness activities: Developing hand strength, pincer movements. Picture conversation: Through Picture Book 	 up, look, is, red. Action Words:- Sitting, standing, walking, running, reading, writing, drawing, laughing, crying, smiling, eating, drinking, bathing, washing, jumping, hanging, pushing, pulling, rolling, waving, and shaking. Opposites: - Good-bad, hot-cold, yes-no, open-close, up -down, on-off, go-come, happy-sad, above- below, fat-thin, slow-fast, in-out, big-small, dry-wet, clean-dirty, wide -narrow, quiet-
Term II (Sept – Dec)	 Listening and speaking opportunities: Music and movement, stories, catchy phrases, show and tell, recalling and retelling, asking questions and answers. Reading readiness. Alphabet knowledge: Identifying and namin both uppercase and lower case letters Kk – Tt Phonemic awareness: Sound letter relation. Writing readiness activities: Developing hand strength, pincer movements. Picture conversation: Through Picture Books 	be,am. * Action Words:- picking, catching, throwing, holding, listening, knocking, shouting, climbing, kicking, sneezing, coughing, yawning, joining, breaking, , weaving, knitting,
Term III (Jan – March)	 Listening and speaking opportunities: Music and movement, stories, catchy phrases, show and tell, recalling and retelling, asking questions and answers. Reading readiness. Alphabet knowledge: Identifying and namin both uppercase and lower case letter Uu – Zz. Phonemic awareness: Sound letters relation. Writing readiness activities: Developing hand strength, pincer movements. Picture conversation: Through Picture Books 	❖ Action words and opposites :- Revision

शिक्षण उद्देश्य :

२. बच्चों के शब्द भण्डार में वृद्धि करना ।

हिन्दी भाषा का शुद्ध उच्चारण ।
 सही स्वरों व व्यंजनों का ज्ञान करवाना ।

भाषा के प्रति जागृत करना ।

५. मौखिक ध्वनि विश्लेषण ।

Months	Hindi	Concept		
Term I (April - Aug)	❖ Recognition of letters- अ-औ, क-घ, च-झ. ❖ Reading readiness. ❖ Writing readiness activities: Developing hand strength, pincer movements.	 The child will recall 3 things with each letter. Matching letter with related picture. 		
Term II (Sept – Dec)	 Recognition of letters- ट-ढ, त-न, प-म. Reading readiness. Writing readiness activities: Developing hand strength, pincer movements 	❖ Listening the word and recalling the first letter of that word.		
Term III (Jan – March)	❖ Recognition of letters- য-ব. ❖ Reading readiness. ❖ Writing readiness activities: Developing hand strength, pincer movements.	Revision of full syllabus.		

SUBJECT - MATHS

- Learning Objectives:-To recognize the numbers.
- To count the objects.

- To enable the child to use arithmetic in daily life.
- To correlate the pre-numbers (shapes) with the things around us.
- Activities/experiences/exposures related to pre-number concepts.

Months	Concept	Related questions
Term I	❖ Pre Number Concept: Big-small, more-less, heavy-light, far-near.	Q1. What is the shape of a bangle, carrom board?
(April – Aug)	❖ Simple classification/sorting: Sizes, shapes.	Q2. Name few circular things.
	❖ Pattern making.	Q3. How many sides/corners are there in a
	❖ Number identification − 1 to 10.	square /rectangle?
	❖ Ordering: 1 to 10.	Q4. Name few things which are square in shape.
	❖ One to one correspondence.	Q5. Which is big football or a cricket ball?
	❖ Number value: Rote Counting- 1 to 20.	Q6. Which is long a pencil or an eraser?
	❖ What comes after? (1 to 10).	
	Concept - Greater/smaller number.	
	❖ Shapes – Circle, triangle, square, rectangle.	
	❖ Time: Day sequencing, basic understanding of time concepts, days	
	of the week.	
Term II	❖ Number identification - 1 to 30.	Q1. What comes after? (1 to 10)
(Sept – Dec)	Co-relation of symbols and quantity: 11 to 20.	Q2. Which basket has few flowers?
	❖ Number value :Rote Counting- 31 to 70.	Q3. Match value of number with its quantity.
	Concept- Odd/even, One/ many.	Q4. How many sides/corners are there in a star?
	❖ Shapes – Star, oval, heart, diamond.	Q5 .Name few things which are oval in shape.
	Put sign $<$, $>$ or = (1 to 10).	
	❖ What comes after? (1 to 30).	
	❖ What comes between? (1 to 10).	

Term III	❖ Number identification- 1 to 50.	Q1. Identify the number written on the
(Jan – March)	❖ Number value: Rote Counting - 1 to 100.	chalkboard.
	Concept- Greater/Smaller number.	Q2. What comes after?
	❖ What comes after? (1 to 50).	
	❖ What comes between? (1 to 30).	
	Put sign $<$, $>$ or = (1 to 30).	

SUBJECT – EVS

Learning Objectives:-

- To make the child aware and sensitive towards their surroundings.
- To enhance the vocabulary of the child.
- To help children become better individuals by inculcating good manners/habits in them.

Months	Topics	Related Questions
Term I		How do you wish your teacher in the morning/afternoon?
(April-Aug)	> School is fun.	How do you wish your parents in the morning/at night?
	> Good Manners.	What should you say before entering a room?
	> Cleanliness	• What should you say if you want to go to the toilet?
	> All about me.	What should you say if you have done something wrong?
	An about me.	What should you say when you cough/sneeze etc?
	➤ My Body.	Who are you?
	➤ The five senses.	How old are you?
	> Days of the week.	• What is your name?
		In which class/school do you study?
	> Families.	What is the name of your teacher/Principal?
	➤ My home.	Name the things you can see in your classroom.
	> Seed germination.	How many ears/ nose/ eyes/ fingers /hands/legs/feet do
	> Healthy Food.	you have?
	/ Ileaning Food.	What do you do with your eyes/nose/ears
	> Fruits: - Apple, mango, litchi, banana, grapes, orange,	

	strawberry etc.	/tongue/hands/legs/feet/teeth?		
	➤ Vegetables: - Potato, tomato, onion, ginger, okra, peas,	How many sense organs do you have? Name them.		
brinjal, carrot etc.		Name the gadget that is used to make toast.		
	➤ National symbols: Lotus, tiger, tiranga, hockey, mango.	• What is the use of a gas lighter?		
	Colours:- Primary colours:- Red, blue, yellow.	• Where do we preserve our cooked food at home?		
	Secondary colours: - Orange, purple, brown, green, pink.	Where do you sleep?		
	> Festivals of the Months	Name three things that you see in your bedroom.		
		• Which fruit is called the king of fruits?		
		• Which vegetable is called the king of vegetables?		
		Name the fruit which can keep the doctor away if eaten		
		every day.		
		• Name the fruits which have no seed/one seed/few seeds		
		and many seeds.		
		• Name a vegetable which is sour in taste.		
		Which vegetable does the rabbit like?		
Term II	> Pet Animals:- Dog, cat, parrot.	Name some pet/domestic/wild animals.		
(Sept – Dec)	> Domestic Animals: Goat, sheep, cow, hen, horse,	What sound does a cow make?		
	donkey.	Who trumpets/ moos/ squeaks/ barks/ mews/ quacks/		
	➤ Wild Animals:- Lion, tiger, elephant, fox, bear,	neighs /roars/ bleats/ chirps/ brays/ hoots?		
	monkey, deer, wolf, giraffe, zebra.	• What does sheep/cow/goat/hen/bee/silkworm give us?		
	> Sounds of Animals:- Dog-barks, lion-roars, horse-	Which animal has a hump?		
	neighs, donkey-brays, cat-mews, elephant-trumpets, sheep-bleats, cow-moos, hen-clucks, duck-quacks,	Which animal is called 'The ship of desert'?		
	bee-hums, bird-chirps, snake-hisses.	Which animals pull the cart?		
	> Young Ones of Animals:- Dog-puppy, lion/tiger-cub,	Where do wild animals live?		
	cat- kitten, pig-piglet, hen-chick, horse-colt, camel-calf, sheep-lamb, deer-fawn, cow-calf, duck-duckling,	Which is the tallest animal?		

goat- kid, rabbit- bunny, kangaroo-joey

- Animal Homes:- Lion-den, rat-hole, bee-hive, sheeppen, rabbit-burrow, hen-coop, bird-nest, tiger-cave, horse- stable, dog-kennel, cow-shed, spider-web.
- ➤ Water Animals:- Turtle, seal, walrus, dolphin, prawn, fish, octopus, shark, crab, whale, star fish, crocodile, jelly fish, sea horse.
- ➤ **Birds**:- Peacock, parrot, crow, pigeon, sparrow, owl, woodpecker, ostrich, cuckoo, duck etc.
- ➤ **Means of Communication**:- Telephone, television, fax, satellite, newspaper, radio etc.
- ➤ **Indoor games:-** Ludo, chess, carrom, skipping, table tennis, snakes & ladder, dart board, soft toys etc.
- ➤ Outdoor games:- Cricket, basketball, football, hockey, hide & seek, dodge ball, volleyball etc.
- ➤ **Means of Transport:** Land transport, air transport, water transport.
- ➤ Our Helpers:- Doctor, postman, teacher, nurse, cobbler, policeman, potter, barber, baker, gardener, sweeper, tailor, chemist, driver, green grocer, dentist, mason, plumber, carpenter, woodcutter.
- ➤ Musical Instruments:- Harmonium, saxophone, casio, flute, guitar, drum, trumpet, tambourine, piano, tabla, violin, sitar.
- > Festivals of the Months

- Which animal is called the king of jungle?
- Which animal has a pouch in its body to keep its baby?
- Name few water animals.
- Where does fish live?
- Which animal can live on both land & water?
- Why do fish have scales?
- How do dolphins communicate?
- Is the sea sponge a plant or animal?
- Which water animal walk sideways?
- Which animal has 8 legs?
- Name the friendly water animal?
- Which is the biggest water animal?
- Where do birds live / fly?
- Which bird dances in the rain?
- Name the largest bird that can't fly.
- Which bird swims in water?
- Name the bird which pecks the wood.
- Which bird sings sweetly?
- Which bird can see at night?
- Which bird was the postman of kings?
- Name 5 indoor/outdoor games.
- How many players are there in a hockey team?
- Name the place where badminton is played.
- Which vehicles run on rails/water/land?
- Which is the fastest means of transport?

		• How do you come to school?
		Name different means of air/water/land transport.
		• Who treats the patients?
		Who takes care of sick people?
		Who helps the doctor?
		Who delivers the letters?
		Who sells medicine?
		• Who catches the thief?
		• What does the dentist do?
		• Who sells the vegetables?
		Who drives the school bus?
		• Who cuts our hair?
		Who bakes bread/biscuit/cakes?
		• Who takes care of plants?
		• Who stitches our clothes?
		Name few means of communication.
		Which means of communication is common these days?
		Name few musical instruments.
		Name three stringed instruments.
		Name three instruments which have keys.
		• What is Jaltarang?
		Which musical instrument was Lord Krishna's favourite
		• Which musical instrument is seen in one of the hands of
		the Lord of Dance?
Term III (Jan – March)	➤ Insects:- House fly, cockroach, butterfly, caterpillar, lady bug, honeybee, wasp, mosquito.	Name the flower which looks like Sun?

- > Indian Monuments.
- ➤ **Flowers**:- Rose, hibiscus, lotus, tulip, marigold, lily, sunflower, periwinkle.
- > Seasons.
- > Months of the year.
- > Things in the Garden.
- > Festivals of the Months

- Which flower grows in water?
- Name the flower which is on Chacha Nehru's coat.
- In which season do you wear sweaters?
- Name the things we use to protect ourselves from rain?
- How many months are there in a year? Name them.



RHYMES & STORIES

Topics	April – Aug	Sept – Dec	Jan – March
	God's Love	Baa Baa Black Sheep	Where is Thumbkin?
	How does the corn go?	Piggy on The Railway Line	Wheels of the Bus
	Bits of paper	Pussy Cat	Five Little Monkeys
	Hello! Mr. Bunny Rabbit	Ten little fingers	Rabbits Rabbits 1,2,3
English	Chubby Cheeks	Hot Cross Buns	Jack And Jill
English	Teddy Bear	Clap your hands	Brush, Brush
	Hickory Dickory Dock	Cobbler Cobbler	
	1,2,Buckle my shoe	Wee Willie Winkie	
	Two little Dicky birds	London Bridge	
	Rain Rain	Hop a little	
	I am a little teapot	Jingle Bells	
	Row, Row		
	Hey Bhagwan	Batti	Nanne Sainik
	Acche Bache	Ayo bhi ayo	Gudiya Ka Jhula
	Chata	Apna Ghar	Gajjar Ka Killa
Hindi	Dhobi aya	Nana Ji Ne Tota Pala Phool	Kisne banayaa phooloo ko
Hillai	Udi patang	Gaddi ka pahiya	Chinti aur haathi
	Garmi mein	Chunu munu	Jungle mein
	Aha tamatar	Subha Ho Gayi	Hamari billi
	Aaloo bola	Doctor dekho	
	Dhelam Dhel	Bander ki sarngi	
	Pyasa Kauva	Anokha school	
	Nikla suraj		
	Barsa pani		
Stories	The Thirsty Crow	Fox and the Grapes	Chalak Lomadi (Hindi)
	The Two Frogs	The Porridge Feast	
	Cats and The Monkey	The Foolish Crow	
	Ranga Seyar(Hindi)	Bander Aur Topi Bechane Wala(Hindi)	
		Ram Katha(Hindi)	

⁴ These rhymes & stories will be recited and dramatized with the help of finger puppets & props.

Self help skills

Learning Objectives:-

- Co-ordination in muscular movements.
- To make children independent.
- To control and develop prehensile movements.
- To train the visual and aesthetic sense of the children.

April – Aug	Sept - Dec	Jan – March	
Pre-liminary Activities	Practical life and self help skills.	Sensorial Activities	
1. Pairing activities	1. How to talk to a person sitting at a	1. Touch boards.	
2. Sorting activities	distance.	2. Sound boxes.	
3. Pouring activities (Dry pouring)	2. How to bring and offer a glass of water?		
Practical life and self help skills.	3. Pouring activities (Water pouring).		
1. To carry, to place, fold/unfold an aasan.	4. Press Button Frame.		
2. To sit and to stand up from an aasan with and	5. Zip Frame.		
without shoes.	6. Coat Button Frame.		
3. Rolling and unrolling of working mat.	7. Hook Frame.		
4. To carry, to place, to sit and to get up from a chair.			
5. To carry and place a chowkie.			
6. How to give and take pointed objects.			
7. Velcro Frame.			

PHYSICAL EDUCATION

Learning Objectives:-

- To create an awareness among children the importance of their physical fitness.
- To enhance their physical development.
- To imbibe in them team spirit, confidence, fair play and healthy participation.
- To generate overall discipline.

April- Aug	Sept- Dec	Jan-March
Warming up exercises.	 Playing pretend games. 	Alternative walking.
• Swing time.	• Balancing games.	• Running.
Pedalling Bicycles.	• Passing, throwing, bouncing and catching.	• Jogging.
Climbing up and down stairs.	• Movements- Arms, legs, neck, trunk	Marching.
• Playing with playground equipments: Ball, hoop	• Bending exercises	• Football
etc.	 Walking on tiptoes, straight and curved 	
How to stand in a straight line, taking one arm	lines.	
distance & sitting in line or circle	• Flexibility exercise	
Action play. Imitating movements of animals ar	• Annual Sports Day.	
birds e.g:-		
Hop like a rabbit		
Jump like a monkey		
• Fly like a bird		
Brain Gym Criss Cross, D	ouble Doddle, Lazy Eight	JL.
Muscle Activation <u>I, II, III</u>		

DANCE

	April- Aug		Sept- Dec		Jan-March
*	Warm up sessions and creative steps in western	*	Introduction of expressions with	*	Annual Cultural Day
	dance.		Rhythm.		
*	Movement of hands and foot with Rhythm.	*	Drill practices - Annual Sports day		
*	Patriotic dance on 15 th Aug.				
*	Dandiya for Janamashtami.				

MUSIC

April-Aug	Sept-Dec	Jan-March	
1. Clap your hands.	1. Old Mcdonald.	1. Are you sleeping?	
2. School Song	2 School Song	2. School Song.	

ART/CRAFT Textbooks: 1. My Art and Craft Book (B) 2. My Activity Book (Volume I)

April-Aug		Sept-Dec		Jan-March	
*	My Art and Craft Book -Colour chart,	*	My Art and Craft Book Bindi	*	My Art and Craft Book -
	standing and slanting lines, trace the		pasting, umbrella, complete the picture,		Caterpillar, cotton pasting, matchstick
	patterns, wavy lines, shapes, lets draw		school bus, pineapple, butterfly, join		pasting, thumb impression, vase,
	patterns, tent, lotus, rabbit.		the dots, tear and paste, find the way,		duck, tortoise, cat, scenery, birthday
*	My Activity Book – yummy tomato,		strawberry.		party.
	mango mania, fly away, rain, ice-cream,	*	My Activity Book – Feathered friends,	*	My Activity Book – Happy new year,
	brother, jai hind, rowrow, leaf		sunflower, dussehra, up in the sky,		cotton pasting, my almirah,
	impression, fun with colours, giraffe, fun		diwali, I live in water.		mushrooms, Lets play holi.
	with crayons.	*	Drawing of simple figures e.g.; bird,	*	Drawing of simple scene e.g.; basant,
*	Drawing of simple things e.g.; sun, ball etc.		caterpillar.		
*	Crafts related to the Festivals of the Month.	*	Crafts related to the festivals of the	*	Crafts related to the festivals of the
			Month.		Month.

TALE TIME

The Thirsty Crow

A crow was there, looking for water everywhere. Suddenly, a pitcher he saw, but the water level was low. A few stones he brought dropped them in the pot. The water came up, he drank it- lup- lup!

Moral: Where there is a will, there is a way.

The Two Frogs

Once two frogs played near a pot of cream. They decided to look into the pot and fell into it. They couldn't get out of the pot. So they swam round and round in the cream. One of them is afraid and said: Oh, this is the end of my life!" It stopped swimming and sank. But the second frog is brave and clever. He swam and swam and beat the cream with its little feet. The cream became a ball of butter. The frog jumped on the ball of butter and got out of the pot!!!

Moral: Never lose hope.

The Porridge Feast

Once upon a time a little girl went for a walk in the forest. There she met with an old woman who gave her a magic porridge pot. The lady told her all about the pot. The little girl could not believe it. She took the pot home and told her mother all about the pot. The mother was excited, she could not wait to try it, as soon as the girl went out. The mother said, "cook little pot cook" and she went to sleep. Soon the whole town was full of porridge. The little girl saw and ran home. She said, "stop little pot stop" the little pot finally stopped and everyone in the town had porridge for the whole month.

Fox and the Grapes

There was a fox, oh! so greedy. Suddenly a bunch of grapes he saw.

So lovely he found the bunch,

That he decided to have a munch.

He jumped for the grapes but all in vain.

He hurt his legs and cried of pain. He tried for quite an hour,

And finally said, "Oh! The grapes are sour!"

Moral: Keep on trying till you succeed.

Cats and The Monkey

There were two pussy cats,

Fighting for a piece of bread.

Then came a cunning monkey,

With an idea to make them donkey.

He began to divide the bread,

"Oh! The first piece is bigger", he said.

He took some share, from the piece one.

And ate the bread, till there was none.

Moral: Use your wit.

The Foolish Crow

Once a crow saw a beautiful peacock. He wanted to look like a peacock. The crow gathered peacock feathers and fixed them on his body. He then went to his fellow crows and said, "You all look dirty with black feathers. Please avoid talking to me." He flew away to the peacocks. The peacocks looked at the crow in surprise, laughed and mocked at him. Peacocks attacked the crow and broke his artificial feathers. The sacred crow flew away to save his life, but his fellow crows too refused to accept him.

Moral: Changing looks does not change the reality.

रंगा सियार	चालाक लोमड़ी				
जंगल से भागा एक सियार,	कौआ आया, कौआ आया ।				
भोलू था उसका नाम ।	रोटी अपनी चोंच में लाया ।				
कहीं रखा था नील भरा टब,	एक लोमड़ी बड़ी सयानी,				
उसमें जाकर गिरा धड़ाम ।	उसके मुँह में आया पानी ।				
देखकर उसकी अद्भुत काया,	बोली भईया गीत सुनाओ,				
सबने उसको किया प्रणाम ।	सुनकर कौआ बोला-काँव ।				
बारिश आई धुल गया रंग,	उठाकर रोटी लोमड़ी चल दी गाँव ।				
पकड़ा गया तब भोलू राम।					
बंदर और टोपी बेचने वाला	राम कथा				
टोपी बेचने वाला एक आदमी पेड़ के नीचे सो रहा था।बंदर आकर उसकी टोपियाँ ले	एक हुए थे राजा राम, बहुत था उनका नाम। माता ने वनवास दे दिया, राजा का सब राज				
गए।जब वह नींद से जागा, तो उसने बंदरों से कहा कि उसकी टोपियाँ वापिस कर	ले लिया। सीता उनकी रानी थी, सुंदर बड़ी सयानी थी। लक्ष्मण छोटा भैया था, प्यारा				
दे।बंदरों ने उसकी बात नही मानी ।टोपी बेचने वाले ने अपनी टोपी उतारकर जमीन	प्यारा भैया था। तीनों मिलकर चलते थे, जगंल जगंल फिरते थे। रावण साधुवेष बना, सीता				
पर फेंक दी ।बंदरों ने भी यही किया ।टोपी बेचने वाले ने टोपियाँ उठायीं और चला	को ले गया चुरा। हनुमान ने पूँछ घुमा, रावण का घर दिया जला। राम लखन ने तीर चला				
गया ।	सारे राक्षस दिएं गिरा।				
	शिक्षा- बुराई पर सदा अच्छाई की जीत होती है।				

PHONIC CHART

A says	ऐ	as in apple, ant etc.	N says	न	as in net, nose etc.
B says	ब	as in ball, bat etc.	O says	ओ	as in orange, ox etc.
C says	क	as in cat, crow etc.	P says	ч	as in parrot, pen etc.
D says	ৈ	as in drum, doctor etc.	Q says	क्व	as in queen, quill etc.
E says	ए	as in egg, elbow etc.	R says	र	as in rat, rope etc.
F says	फ	as in flower, fan etc.	S says	स	as in snow, snake etc.
G says	ग	as in girl, grass etc.	T says	ट	as in tomato, tiger etc.
H says	ह	as in horse, house etc.	U says	अ	as in umbrella, under etc.
I says	hv	as in inkpot, igloo etc.	V says	व	as in van, violin etc.
J says	ज	as in jug, joker etc.	W says	वह	as in watch, walk etc.
K says	क	as in kite, key etc.	X says	क्स	as in X-mas, X-ray etc.
L says	ल	as in lamp, leaf etc.	Y says	य	as in yak, yo-yo etc.
M says	н	as in mug, mat etc.	Z says	ज़	as in zebra, zoo etc.