

ENGLISH

Text Book:

1. My Canvas- Course Book-4 (Pearson)
2. My Canvas - Workbook-4 (Pearson)
3. Revised Cornerstone- Grammar and Composition Skills 4 (Longman Pearson)
4. Heidi- English Supplementary (Pearson)

Term	Main Course Book	Grammar	Activities
Term – I April to Sept	Previous Knowledge 1. The River Bank 2. Poem - The Champa Flower 3. The Way Animals Talk 4. How I Taught My Grandmother to Read 5. Poem - How the Little Kite Learned to Fly Work Book : Theme -1 6. Wonderful Kalam Work Book : Theme -2 7. 'Bravo! Amir Agha!' Work Book : Theme -3	The Sentence; Subject and Predicate Kinds of Sentences , Nouns: (Kinds , Number , Gender) Kinds of Adjectives Degrees of Comparison, Articles, One- Word Substitution Punctuation Tenses: Simple Present, Past, Future Short Composition: Notices , Extended Composition : Informal Letters Creative Writing with hints	Literary Week Fun with numerous word games Making a poster with different emoticons showing different emotions Taking message while talking over the phone Listening Skill (To test the ability to listen and comprehend) Reading Skill (To test the ability to read and comprehend)
Term – II Oct to Mar	8. Poem - These Simple Things Work Book : Theme -4 9. La Tomatina Work Book : Theme -5 10. A Strange Case 11. Poem - Thomas Alva Edison 12. Global 'Warning!' 13. The Tunnel 14. Dances of India 15. Androcles and the Lion	Adverbs , Types of Adverbs, Homophones, Pronouns Verbs & Subject- Verb Agreement, Prepositions , Conjunctions Tenses: Present, Past, Future Continuous Short Composition : Message Writing Extended Composition : Formal Letter Picture Composition	Role Play Group Discussion Asking for Permission Extempore (Speaking for 1-2 min) on a given topic Listening Skill (To test the ability to listen and comprehend) Reading Skill (To test the ability to read and comprehend)

NOTE: Related Worksheets on different topics will be given from time to time.

Learning Objectives:

1. To help children & add new words to their vocabulary
2. To help them learn & write correct spelling of the words
3. To help them understand simple spoken English
4. To improve their handwriting

Evaluation:

Evaluation will be done on the basis of :

1. Regular class assignments and assessments taken
2. Formative and Summative Assessments
3. Participation in classroom and other activities
4. Expression, fluency & pronunciation while reading & reciting poems

Suggestions to Parents:

1. Converse in English with your child.
2. Encourage your child to read story books & newspaper in English.
3. Grammar exercises should be practiced daily.

हिंदी पाठ्यक्रम

पाठ्य पुस्तकें : खुलते पंख (पी. पी. पब्लिकेशन)
कार्य-पत्रिका खुलते पंख (पी. पी. पब्लिकेशन)

३. नवीन शिक्षार्थी (व्याकरण)
४. नवीन शिक्षार्थी (व्याकरण ,कार्य - पत्रिका)

सत्र	पाठ्य- पुस्तक	कार्य - पत्रिका	व्याकरण	गतिविधियाँ
प्रथम अप्रैल- सितंबर	पाठ-१ सूरज का गोला (कविता) पाठ-२ अनमोल रस्सी पाठ- ३ युवक का हठ पाठ-४ पानी की खोज पाठ -६ मेरा प्रयोग कम करो पाठ -५ मन करता है (कविता) पाठ -७ दो बैलों की कथा पाठ -८ पंचमढी * अब मैं समझा (पठन हेतु) * कल की दुनिया (पठन हेतु)	पाठ-१ सूरज का गोला (कविता) पाठ-२ अनमोल रस्सी पाठ- ३ युवक का हठ पाठ-४ पानी की खोज पाठ -६ मेरा प्रयोग कम करो पाठ -५ मन करता है (कविता) पाठ -७ दो बैलों की कथा पाठ -८ पंचमढी	विलोम, विराम चिह्न, अनेक शब्दों के लिए एक शब्द, पर्यायवाची, भाषा और व्याकरण, लिंग, विशेषण -विशेष्य, पत्र, सर्वनाम	रचनात्मक कार्य , अपठित गद्यांश , कविता याद करना और सुनाना , चित्र बनाना
द्वितीय अक्टूबर-मार्च	पाठ -६ पतंग (कविता) पाठ -१० ज्योतिषी गधा पाठ - ११ ऐसे थे नेहरू जी	पाठ -६ पतंग (कविता) पाठ -१० ज्योतिषी गधा पाठ - ११ ऐसे थे नेहरू जी	मुहावरे, क्रिया, विशेषण, वचन, प्रत्यय, अनेक शब्दों के लिए एक शब्द	

पाठ -१२ मैं कर सकता हूँ पाठ -१३ धूप (कविता) पाठ-१४ क्रिसमस पाठ -१५ बच्चों का चमत्कार पाठ -१६ कल्पना चावला * पोशाक का अधिकारी (पठन हेतु) * हे जननी (पठन हेतु)	पाठ -१२ मैं कर सकता हूँ पाठ -१३ धूप (कविता) पाठ-१४ क्रिसमस पाठ -१५ बच्चों का चमत्कार पाठ -१६ कल्पना चावला	समानार्थी शब्द, लिंग बदलो, क्रिया - विशेषण	अपठित गद्यांश , अपठित पद्यांश, रचनात्मक कार्य , चित्र बनाना, कहानी बनाना निबंध
--	---	---	--

नोट : १. किसी भी सत्र में परिस्थिति के अनुसार पाठ्यक्रम में परिवर्तन आ सकता है ।

२. परीक्षा में किसी भी विषय पर निबंध, पत्र और कहानी आ सकते हैं ।

शिक्षण उद्देश्य :

१. छात्रों की कल्पनाशीलता को विकसित करना ।

२. भाषा कोश में वृद्धि करना ।

अभिभावकों के लिए सुझाव :

१. छात्रों की उत्तरपुस्तिका की नियमित जांच करें ।

२. शब्दकोश पठन के लिए प्रेरित करें ।

MATHS

Text Book: Mathematics-4 (BBPS Training Centre)

Term	Lesson/ Topic	Sub-Topic	Activities	Material required
Term – I April to Sept	Recapitulation			
	Place Value and Numbers	a) Numbers upto lakhs b) Reading and writing 5 and 6 digit numbers c) Relation between different places d) Place value and Face value e) Comparing and Ordering Numbers f) Forming Numbers	Forming Numbers	a) Slips of paper b) Box
	Addition and Subtraction	a) Addition of Large Numbers b) Properties of addition c) Subtraction d) Properties of subtraction e) Word problems of addition and subtraction	To unwrap magic squares by using four mathematical operations	Colour pencils

	<p>Geometry</p> <p>Time</p> <p>Multiplication</p> <p>Perimeter</p> <p>Tables 9 to 15</p>	<p>a) Point, Line Segment, Line and Ray</p> <p>b) Measuring a Line Segment</p> <p>c) Open and Closed Curves</p> <p>d) Polygons</p> <p>e) Classification of Polygons</p> <p>f) Circle</p> <p>g) Circumference</p> <p>a) Converting 12 hour time to 24 hour time</p> <p>a) Converting 24 hour time to 12 hour time</p> <p>a) Properties of Multiplication</p> <p>b) Multiplication by 10, 100, 1000</p> <p>c) Multiplication by 2 digit number</p> <p>d) Lattice Multiplication</p> <p>e) Problem sums of multiplication</p> <p>a) Perimeter of regular figures</p>	<p>To find centre of a circle with the help of paper folding and find relation between diameter and radius</p> <p>To find day of week after certain period of time</p> <p>To find patterns in tables</p>	<p>Origami sheets, Scissors, Scale, Circular Object, Colour Pencils, Fevicol, String</p> <p>Calender of current year</p> <p>Colour Pencils</p>
<p>Term – II Oct to March</p>	<p>Measurement</p> <p>Fractions</p>	<p>a) Conversion of units of length</p> <p>b) Measurement of weight</p> <p>c) Grams and milligrams</p> <p>d) Addition of capacity</p> <p>a) Equivalent fractions</p> <p>b) Fractions with same denominator</p> <p>c) Types of fractions</p> <p>d) Comparing and ordering fractions</p> <p>e) Addition and subtraction of fractions</p> <p>f) Fraction of Collection</p>	<p>To compare fractions</p>	<p>a) 4 equal cut off of a circle of size of bangle</p> <p>b) Ruler</p> <p>c) Colour Pencils</p>

	Division	a) Relation between multiplication and division b) Properties of division c) Division by 1 and 2 digit numbers d) Relation between dividend, divisor, quotient and remainder e) Problem sums of division	Bingo game	Grid paper of 3 X 3
	Data Handling	a) Collection of data b) Reading of Pictograph	To find common multiples of given numbers	a) Number grid b) Colour pencils
	Multiples & Factors	a) Multiples b) Common Multiples c) Factors d) Common Factors		
	Symmetry & Patterns	a) Symmetry b) Mirror image & reflection c) Patterns d) Tessellation	Folding paper to obtain multiple lines of symmetry	a) Square paper b) Circular paper
	Tables 12 to 20			

Learning Objectives:

1. To ensure a complete understanding of each topic taught in the class.
2. To develop in the students an increasing understanding of the nature of the mathematics reasoning.
3. To improve the power to think & work in an organized manner.

Evaluation:

1. Students will be given sums for practice.
2. Surprise tests will be conducted to evaluate student's caliber.
3. Regular oral tests on tables will be conducted.

Suggestions to the Parents:

1. Encourage the child to revise everyday's work regularly.
2. Time management exercises can be given to make them able to complete the given assignment within a given time.

SCIENCE

Text Book: Living Science - Book 4 (Ratna Sagar)

Term	Lesson/ Topic	Sub-Topic	Activity/ Manual
Term-I April to Sept	Previous Knowledge 1. Food and Digestion 2. Teeth and Microbes 3. Safety First 4. The Right Clothes to wear 5. Solid, Liquid and Gases 6. Plants: Preparing and Storing Food 7.Plants:Living and Surviving	Digestion, Eating Well, Cooking Food, Things to remember while cooking, Food Preservation Teeth , Two sets of teeth, Parts of tooth, Structure of a tooth, Kind of teeth, Proper care of teeth, Microbes, Kinds of Microbes Safety at home/ on the road, First aid Material for clothes, Types of clothes, Care of clothes Solids, Liquids, Gases, Dissolved solids generally separate as crystals from solution, gases dissolve in liquids, Physical and Chemical changes Food for plants, Parts of a leaf, How do plants use their food?, Starch test, Non green plants, Energy flow in living things, Balance in nature Terrestrial Plants,Aquatic plants,Other plants,Plants of grass family, Some unusual plants, Classification of Plants according to their habitat	Make balanced diet pyramid Activity on healthy nutritious yogurt To show different microbes in a microscope Role Play- How to use first aid kit Make a chart of types of clothes Experiment : To show that water contains air Experiment : To show that sunlight is needed for photosynthesis Collect and Study few water plants.Find out the special features of their leaves and stems.
Term -II Oct to March	8.Animals:How life goes on 9.Animals:Living and Surviving 10.Force,Friction,Work and Energy 11.The Earth and Its neighbour	Mammals,Animals that lay eggs,Structure of an egg,Different stages of a growing embryo Adaptation according to the environment,Adaptation according to the food habits,Adaptation for protection,Extinct Animals Force, Work, Machines, Kinds of Energy Star and planets,Moons or Satellites,Solar System,The Earth,Movements of the earth,The Seasons.	Lab Activity-Observe the life cycle of insects. Make a list of at least three extinct animals and their habitat. Make your own Solar box Make a model of saptrishi or Orion Constellation

	12. Air, Water and Weather	Effect of heat on land and water, Land and sea breezes, Sea Breezes, Land breeze, Characteristics of hot & cold air, Evaporation causes changes in weather, Condensation, Humidity, Water, Purification of water, Water pollution.	Lab activity : To make rain gauge
	13. A Clean World	Pollution, Make your compost at home, Conservation of the environment, Reuse & Recycle	Make a list of things which can be recycled.

Learning Objectives:

1. To develop the observation skills by observing the surroundings keenly.
2. To develop a scientific attitude by giving them an atmosphere of freedom to learn by doing activities.
3. To develop a positive attitude towards the studies.

Suggestions to the Parents:

1. Parents should encourage the child to perform all the activities that can be done home.
2. They should help them to collect the information and material for different activities.
3. Encourage the child to watch educational programmes on T.V.

SOCIAL STUDIES

Text Book: My Big Book of Social Studies - 4 (Ratna Sagar)

Term	Lesson/ Topic	Sub-Topic	Activity/ Manual	Material Required
Term-I April to Sept	1. I Love My India	Physical divisions and Political divisions of India	Political division of Indian states and Union Territories	Map of India
	2. The Northern Mountains	Himalayas, Karakoram Mountains, Life in the region- Jammu and Kashmir, Himachal Pradesh, Uttarakhand and Sikkim; Purvachal hill ranges and Life in the region- Arunachal Pradesh, Nagaland, Manipur, Mizoram, Tripura and Meghalaya	Collect information about the people who scaled Mt. Everest with their pictures	Map of India
	3. The Northern and Coastal Plains	Northern Plains- Ganga river basin, Satluj river basin and Brahmaputra river basin. Eastern and Western Coastal Plains, Life in the region of Gujarat, Goa, Kerala, Tamil Nadu, Andhra Pradesh and Odisha	Mark the states Northern Plains and the Coastal Plains on political map of India	Map of India

	4. The Western Desert 6. Our Climate 8. Our Agriculture 14. Our Mineral resources 17. Our Rich Culture	Thar Desert- Land, Climate, Natural Vegetation , Water Supply , Occupation , Houses, Lifestyle and major cities Weather, Climate and Seasons in India. Types of Crops, Agricultural Production, Horticulture, Livestock rearing and Fishing Metallic and Non - metallic minerals Languages , Dresses, Dances, Music, Monuments, Paintings and Festivals	Paste pictures of vegetation and lifestyle of people of Rajasthan Collect pictures related to different seasons of India Collect pictures of different types of food and cash crops Find out the places of India which are rich in minerals Paste pictures of dresses, dances, monuments, festivals and food	Pictures related to Rajasthan Pictures of Seasons. Pictures of various crops Atlas
Term -II Oct to March	5. The Southern Plateaus and the Islands 18. Rights and Duties 7. Our soils 12. Our Forest 9. Our Industries 19. Local Self Government in cities 15. Emperor Akbar 16. The Age of Exploration	Central Highlands and Deccan Plateau and Life in the region. Andaman and Nicobar Islands and Lakshadweep Island. Fundamental rights, Fundamental duties and Directive Principles Formation of soil , Types of soil , Soil erosion and Conservation Importance of forests , Types of forests, Save the forests and wildlife Small scale industries, Cottage industries and Large scale industries Members and composition of Muncipal Committee or Corporation Emperor Akbar as a ruler, conqueror and builder Bartholomew Diaz, Christopher Columbus, Vasco Da Gama, Ferdinand Magellan and instruments used by sailors	Mark and label the Eastern and Western Ghats, Southern Plateaus, Lakshadweep and Andaman & Nicobar Islands on the Physical map of India Make a list of rights and duties for the citizens of India. Make a chart of various types of soils Mark & label National Parks Locate and label the major industrial centres Differentiate between Municipal Committee and Village Panchayat Collect pictures of monuments built by Akbar Collect pictures of the sailors given in the lesson	Map of India A4 size sheet. Collect different types of soils Map of India Map of India Pictures of monuments Pictures of sailors

Learning Objectives:

1. To stimulate child's interest in the country and the surroundings he lives in and to make him understand the rich culture and heritage of the country.
2. To make him aware of the great leaders who have contributed to the country's glorious past.
3. To educate the child about the unique features that in spite of diversity there is unity in the country.
4. To lead the students to think and use their imaginative and communicative skills.

Evaluation:

Evaluation to be done on the basis of terms & project work.

Suggestions to the Parents:

1. To encourage their ward to watch programmes on Geographic channel.
2. The parents should encourage their wards to read newspapers, magazines, encyclopedia and atlas.
3. They should also answer the child's queries in an objective and positive manner.

ਪੰਜਾਬੀ

ਪਾਠ-ਪੁਸਤਕ-(1) ਸੱਜਰੀ ਸਵੇਰ -2 , (2)ਰਿਸ਼ਮਾ- ਪੰਜਾਬੀ ਵਿਆਕਰਨ ਅਤੇ ਲੇਖ ਰਚਨਾ-4

		ਪਾਠ-ਪੁਸਤਕ	ਪੰਜਾਬੀ ਪਾਠ-ਮਾਲਾ -2
ਤਮਾਹੀ	ਅਪ੍ਰੈਲ - ਸਤੰਬਰ	ਪਾਠ-1 ਤਿਰੰਗਾ ਪਾਠ-2 ਸਮਝਦਾਰ ਲੂਮੜੀ ਪਾਠ-3 ਚਿੜੀਆ ਘਰ ਦੀ ਸੈਰ ਪਾਠ-4 ਤਿਤਲੀ ਪਾਠ-5 ਡੱਡੂ ਦੀ ਬੇਸਬਰੀ ਪਾਠ-6 ਅਰੋਗ ਸ਼ਰੀਰ ਪਾਠ-7 ਬੱਦਲ	ਵਿਆਕਰਨ ਗਿਣਤੀ (15-30) ਲਿੰਗ ਬਦਲੇ ਵਚਨ ਬਦਲੇ ਭਾਸ਼ਾ ਜਾਂ ਬੋਲੀ ਨਾਂਵ ਗਿਣਤੀ(31-40),ਅਣਡਿੱਠਾ ਪੈਰੂਾ
ਛਮਾਹੀ	ਅਕਤੂਬਰ - ਮਾਰਚ	ਪਾਠ-8 ਸਿਆਣਾ ਖਰਗੋਸ਼ ਪਾਠ-9 ਹੋਲੀ ਦਾ ਤਿਉਹਾਰ ਪਾਠ-10 ਭਾਲੂ ਆਇਆ ਪਾਠ-11 ਲਾਲਚੀ ਕਿਸਾਨ ਪਾਠ-12 ਸੱਚਾ ਸੌਦਾ ਪਾਠ-13 ਦੀਵਾਲੀ ਪਾਠ-14 ਮੋਰ-ਸਾਡਾ ਰਾਸ਼ਟਰੀ ਪੰਛੀ ਪਾਠ-15 ਸਰਵਣ ਕੁਮਾਰ ਪਾਠ-16 ਸਾਡੇ ਮਦਦਗਾਰ	ਅਣਡਿੱਠਾ ਪੈਰੂਾ ਪੜਨਾਂਵ ਵਿਰੋਧੀ ਸ਼ਬਦ ਗਿਣਤੀ (1-40) ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ ਲੇਖ-ਮੇਰਾ ਸਕੂਲ

ਸਿਖਾਉਣ ਦਾ ਮੰਤਵ : 1. ਭਾਸ਼ਾ ਦੇ ਪ੍ਰਤੀ ਜਾਗਰੂਕ ਕਰਨਾ ।

2. ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਗਿਆਨ ਵਿੱਚ ਵਾਧਾ ਕਰਨਾ।

3. ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸ਼ੁੱਧ ਪੰਜਾਬੀ ਪੜ੍ਹਨਾ ਤੇ ਲਿਖਣਾ ਸਿਖਾਉਣਾ।

General Knowledge IV
Textbook: New Brainvita - IV

Term	Topic	Page	Activity
Term- I April to Sept	<p><u>The Living World</u> : Unique Animals, The Cat Family</p> <p><u>Nature</u>: Our Earth, Water</p> <p><u>Our India</u>: Quiz Time, New names of cities and states</p> <p><u>Around the world</u>: Mountains, Rulers, Conquerors and leaders</p> <p><u>Language and Literature</u> : Books and Authors, Proverbs</p> <p><u>Science and Technology</u> : First in Space, Vitamins and Minerals</p> <p><u>Sports</u> : Adventure Sports, Cups and Trophies</p> <p><u>Mixed Bag</u> : Logos of Companies, Numbers Time</p> <p><u>Entertainment</u> : Comic characters, Folk Dances</p> <p><u>Go Green</u> : Environmental terms, What will you do?, Quiz time-1</p> <p><u>Around the World</u>: Sobriquets</p> <p><u>The Living World</u>: Quiz on Animals, Special Animals</p> <p><u>Nature</u>: _ In the day, Land and Water Bodies</p> <p><u>Our India</u>: Presidents of India, First Indian Women</p> <p><u>Test Paper- 1</u></p>	6-33, 63	<p>* A chart on proverbs</p> <p>*Quiz on Vitamins and Minerals</p> <p>* Write poem on Nature</p>
Term -II Oct to Mar	<p><u>Around the World</u>: Festivals, New names of Countries</p> <p><u>Language and Literature</u>: Acronyms, Famous Tales</p> <p><u>Science and Technology</u>: Impotent Devices, Scientists</p> <p><u>Sports</u>: Sports symbols, Athletics Events</p> <p><u>Mixed Bag</u> : Reasoning, Riddles</p>	34-62, 64	<p>*Collect information on a scientist and paste pictures on scrapbook.</p>

	<p><u>Life Skills:</u> On the telephone, At school, Quiz time-2</p> <p><u>Go Green:</u> Environmentalists</p> <p><u>Entertainment:</u> Famous Personalities, Magic of Movies</p> <p><u>The Living World:</u> Flowers, Insectivorous Plants</p> <p><u>Our India:</u> India's Neighbours, Religions</p> <p><u>Science and Technology:</u> Computer-A useful gadget, Quiz on Science</p> <p><u>Mixed Bag:</u> Types of Phobias, Magic with Matchsticks</p> <p><u>Life Skills:</u> Making First Aid Box, The Best thing To Do</p> <p><u>Mixed Bag:</u> Mental Ability, Puzzle time</p> <p><u>Quiz Time-3</u></p> <p><u>Test Paper-2</u></p>		<p>* Role play on how to use good words in your conversation</p> <p>*Quiz on flowers and plants</p>
--	--	--	---

Learning Objectives:

1. To make the children aware of their surroundings and things happening around in the country as well as in the rest of the world.
2. To help the children to be more observant.
3. To widen the mental horizon of the children.

Suggestions to the Parents:

1. Parents should encourage the child to listen to the news.
2. The child should be encouraged to read the newspaper.

Evaluations:

Evaluation will be done on the basis of regular tests & activity work.

SUBJECT: SUPW (CRAFT)

Term	Activities
Term- I April to Sept	Lamp Shade, Paper Quilling butterfly
Term -II Oct to March	Tree

ART BOOK

Term	Pages
Term - I April to Sept	Page No- 3, 4,5, 6,7, 8, 10, 11, 12, 13, 14, 16
Term -II Oct to March	Page No- 20, 21, 22, 23, 24, 26, 33, 35

SKETCH WORK

Term	Activities
Term - I April to Sept	Poster on save earth, Garden Scene, Fruit Still Life
Term -II Oct to March	Landscape, Fun with numbers

Suggestions to the parents:

1. The parents should help the child to observe new things and try to make them draw in their files.
2. The child should be left free to draw anything and in any medium whether it is crayons or water colours

MORAL SCIENCE**Text Book: Nectar Drops - 4**

Term	Topic	Activity
Term - I April to Sept	<ul style="list-style-type: none"> • Whatever God does is right • The Golden Touch • Try and Try Again • Work is worship • As you Sow, So shall You Reap • Forgiveness 	<ul style="list-style-type: none"> • Make a value hanger showing values in life. • Pen down the things you terribly want in your life. • Role play on famous and courageous personalities depicting their contributions • Duty Chart • Write ways in which you can help others • Make a 'Sorry' Card.
Term -II Oct to March	<ul style="list-style-type: none"> • Abou Ben Adhem • Truthfulness • Good Company • Politeness • Health is Wealth • Our Motherland 	<ul style="list-style-type: none"> • Make a poster on 'GOD IS ONE' • Collage on famous personalities who worked for society • Write qualities of a God Friend. • Chart or collage on good behaviour traits • Food pyramid showing balanced diet. • Learn National Anthem by Heart

Learning Objectives:

1. To help the children to discover themselves.
2. To provide thought provoking activities that help learners imbibe human values.
3. To facilitate self development through suggested reading, writing, speaking & listening activities.

Evaluation: Evaluation will be done on the basis of :

2. Interest in activities.
3. Skill of handling situation & things.
4. To observe things around him.

Suggestion to the Parents:

1. Make your child read some moral based story books.
2. Help the child in collecting data & activity material.
3. Tell the child to imbibe good moral values from day-to-day activities.

PHYSICAL EDUCATION

If you watch a game, it's Fun.

If you play it, it's recreation.

If you work at it, it's God.

Term	Activity
Term- I April to Sept	Free Movements and Commands Free Movements - • Physical Fitness Exercise • Swinging • Bending • Twisting • Turning • Stretching of different body parts Locomotors Movements- • Running • Jumping • Hopping • Skipping • Rolling Combination of their movements Commands- • Line up • Attention • Stand at ease • Stand easy • As you were • Nutritive and Balanced diet • Role of diet on performance of Sports Person Activities - • Athletic • Carrom • Chess • Swimming * Yoga- • Samasthith • Shavasana • Makarasana
Term -II Oct to March	Lead up Games • Football • Kho- Kho • Basketball • Yoga Circuit Training - • Forward Role • Back Role • Cart wheel Activities- • Badminton • Basketball • Cricket Yoga - • Navasana • Padmasana • Salabhasana • Passing the Ball • Hop and Run • Passing the ball Zig Zag Relays Activities - • Table Tennis • Skating Yoga- • Upavesasana • Utkatasana • Vrksasana

Learning Objectives:

1. The prescribed course is designed to teach the children the basic knowledge of physical education.
2. The students should try to keep themselves physically fit and there should be awareness about their health and nutrition.

Suggestion to the Parents:

1. Children must be encouraged to go for a morning walk regularly.
2. Children should be allowed to play for atleast one hour in the evening.
3. Children must do exercises everyday.

COMPUTER

Text Book: IT Tools 16 -4 (Kips Publication)

Term	Topic	Contents	Practical / Assignment
Term – I April to Sept	1. Input, Output and storage Devices 2. Managing File sand Folders 3. More about Tux Paint 4. More on Microsoft Word 2016	Input and Output and storage devices Starting windows and features TUX paint toolbar	Lab Activity related to topic
Term -II Oct to March	5. Working with styles and objects 7. Microsoft PowerPoint 8. Working with slides 9. Internet	Editing in MS-Word Features of PowerPoint Intro to Internet and its uses.	Lab Activity related to topic Project based on Power point(slide show) Lab Activity related to topic

Assessment: Regular assignments should be given related to the syllabus.

MUSIC

Term	Topics
Term – I April to Sept	• Introduction about music • Ability to sing Alankaars one, two, three, four and five on harmonium • Prayer song • School song • • Patriotic song on 15th August • Preparation of 15th August and other functions
Term -II Oct to March	• English prayer song • Chrsitmas Carol • Patriotic Song • Folk Song • Hindi prayer song • Shabad • Alankar 1-5

Learning Objectives:

1. To help them gain knowledge about Indian culture through Indian Classical Music.
2. To enable the student to learn by observing.
3. To provide opportunities to the students to explore.

DANCE

Term	Topics
Term - I April to Sept	• Ganesh Aradhna • Shiv Stuti • Patriotic dance • Angikam • Hoola Hoop • Bhangra
Term-II Oct to March	• Folk Dance-Haryanvi, Rajasthani

Learning Objectives:

1. To enable them to dance on full song.
2. To help them to identity different classical dances.
3. To make them accurate in free style dancing.